

Here are some of the best aftercare practices to ensure your piercing heals beautifully and avoids complications:

### 1. Keep It Clean:

**Wash Your Hands:** Always start with clean hands before touching your piercing. Wash thoroughly with antibacterial soap -we prefer Dial Antibacterial Soap- and water to minimize the risk of infection.

**Clean Regularly:** Use a sterile saline -we recommend -H2OCEAN- Which we sale in house.. Gently clean the piercing area twice daily. Let a clean, disposable cotton swab do the work; avoid excessive rubbing.

### 2. Cleaning Products:

Steer clear of alcohol, hydrogen peroxide, or antibiotic ointments like Neosporin on your piercing, as these can irritate tissue and delay healing. Use antibacterial soap when cleaning in the shower. **Pat Dry, Don't Rub:** After cleaning, dab the area dry with a disposable paper towel. Using fabric towels might introduce bacteria or hold onto residual moisture. You can also use a small fan or blow dryer on a cold setting to dry your piercing.

### 3. Minimize Contact:

**Limit Touching and Rotation:** Your piercing needs to heal without constant disturbance. Avoid unnecessary handling or quitting the jewelry unless instructed by your piercer. Constant movement or touching can increase the risk of irritation or infection.

**Avoid Submersion:** For the first few weeks (or as advised by your piercer), avoid swimming pools, hot tubs, or natural bodies of water, where bacteria or chemicals might compromise the healing process.

### 4. Let It Be:

**Keep the Jewelry In:\*\*** Even if the piercing seems healed on the surface, the internal tissue is still stabilizing. Removing the jewelry too soon can cause the piercing to shrink or even close up.

### 5. Monitor for Issues:

Normal healing involves some redness, swelling, and even minor fluid secretion or slight crusts. However, if you notice increased pain, a foul odor, or unusual discharge, it might be time to consult a professional.

By following these steps, your body has the best opportunity to heal smoothly. Remember, every piercing is a bit unique—factors like placement (earlobe, cartilage, nose, etc.) can influence healing time and specific care details. If questions arise or if something doesn't seem right, don't hesitate to contact us.

**\*\*homemade Sea Salt Solution:** (mix 1/4 teaspoon of non-iodized sea salt with one cup of warm distilled or bottled water)